

## CHILDREN AND YOUNG PEOPLE'S MENTAL WELLBEING AWARENESS TRAINING

LEICESTER, LEICESTERSHIRE & RUTLAND

## SIX FREE ONE-DAY TRAINING SESSIONS TO BE DELIVERED DURING Q1 2019

This practical training will be open to the wider public health workforce:

"Any individual who is not a specialist or practitioner in public health but has the opportunity or ability to positively impact health and wellbeing through their (paid or unpaid) work."

(CfWI and RSPH, 2015)

Specifically those roles that have an active degree of engagement in public health; an opportunity to influence the peers and family around a child or young person; and direct repeat contact with children and young people considered at risk of poor mental wellbeing. This includes those individuals working in:

- > Education;
- •> **Police** for example, those that respond to health protection incidents, domestic abuse incidents and based in youth justice; and
- •> Local authority children's services for example, housing officers, social workers, youth workers.

## CONTENT INFORMED BY THE PUBLIC MENTAL HEALTH CONTENT GUIDE (HEE)

This **locality-based multi-agency training** will support attendees to adopt a public health mindset with greater appreciation of how their work can make a difference to children and young people's mental wellbeing.

Outcomes and findings from this innovation project will be shared with Health Education England and the local Future in Mind partnership to build a greater understanding of workforce training needs and demonstrate the validity of the training model.

IF YOU WOULD LIKE MORE INFORMATION ON THIS PROJECT, CAN SUPPORT US IN PROMOTING THIS TRAINING TO THE RELEVANT WORKFORCE OR CAN OFFER SUGGESTIONS ON SUITABLE COMMUNITY VENUES, PLEASE CONTACT US ON THE FOLLOWING:





